



Crestwood Solano Psychiatric Health Facility

Core Program

The Crestwood Solano Psychiatric Health Facility (PHF) is a 16-bed acute stabilization program licensed by Department of Health Care Services for the State of California, and governed by Title 22 regulations. The PHF provides a secure structured program for multi-cultural men and women requiring 24 hour, 7 day a week observation and stabilization by a team of professional staff.

Our campus is a homelike, strength-based healing environment where the client, family members, friends and supportive staff are able to interact in a recovery-oriented milieu. The PHF staff provides the structure and support needed to promote stabilization and foster recovery. The philosophy of the PHF is to restore a sense of hope, encourage self-empowerment, self-determination and help each individual client gain skills that will sponsor a smooth and successful transition back into the community.

We screen, admit, assess, and treat clients requiring acute psychiatric services utilizing recovery-oriented principles. Our compassionate staff provides services with dignity, respect, and with a trauma-informed lens.

Population Served

The PHF serves clients who are 18 years of age and older who are admitted on an involuntary basis for danger to self, danger to others and/or grave disability (unable to provide themselves with food, clothing or shelter due to a mental disorder).

Referral Resources

Our clients are referred to our services through crisis facilities and hospital liaison offices for Solano, Napa, and San Joaquin Counties.

Rates

Crestwood Solano PHF contracts with Solano, Napa, and San Joaquin Counties with the 16 beds allocated as follows: 10 beds for Solano, 2 beds for Napa, and 4 beds for San Joaquin. Each county pays a per bed fee that is set according to whether client has Medi-Cal or not. Specific rate schedule is available from the Administrator.

Hours of Operation

Crestwood Solano PHF operates 24-hours per day, 7-days per week.

Visiting Hours

Clients are actively encouraged to visit with their family, friends, and supporters during their stay. With the consent of our clients, our staff will speak with these supporters to develop a well-informed, person centered plan for facilitating the best possible care. Our visiting hours are 2:00PM-3:00PM and 7:00PM-8:00PM 7 days per week.

Staffing

Crestwood Solano PHF is staffed by mental healthcare professionals 24-hours per day, in compliance with state regulations.

- Licensed staff (24-hours per day, 7-days per week): registered nurses, licensed vocational nurses, and licensed psychiatric technicians
- Licensed Mental Health Providers (7-days per week): psychologists, licensed clinical social workers
- Psychiatrists (7-days per week)
- Service Coordinators (7-days per week)
- Recovery Coaches (24-hours a day, 7-days per week)
- Recreational Assistants
- Dietary Staff
- Housekeeping
- Maintenance

Program Goals

1. Enable clients to regain a state of wellness that will assist them in continuing their journey or recovery.
2. Initiate and promote the utilization of DBT skills as well as the development and utilization of Wellness and Recovery Action Plans (WRAP).
3. Increase coping skills and tools for success in the community.
4. Provide appropriate and individualized discharge planning including coordination of supportive services with outpatient providers for their aftercare needs.
5. Provide positive role modeling to promote positive interactions with others.
6. Medication stabilization and monitoring.
7. Provide supportive and therapeutic treatment.
8. Provide individualized treatment planning.

Tools Utilized by program to accomplish goals

1. An environment and staff approach that provides a psychological, social, biological, and spiritual milieu that fosters active participation in the program.
2. A therapeutic structure that provides support and education to clients allowing them to modify and manage symptoms and behaviors that impair wellness and stability in the community.

3. Creative groups and individual meetings that utilize healing arts, life skills, and prevocational opportunities to provide life experiences, self-expression, self-confidence and meaningful accomplishments.
4. Dual Recovery, WRAP, Dialectical Behavior Therapy, anger management, medication education, impulse control, emotional modulation, and leisure skills to assist our clients in meeting their needs.
5. Recovery Service Plans are developed for each client. The service plan describes the problem to be addressed and the method to be used. Each client is encouraged to assist in the development of their individual service plans. The client, along with the staff and collateral information from county providers and personal supporters, develops this plan with goals and objectives. We actively encourage stakeholders and family involvement in this process as it supports the individualization of these plans to support a lasting recovery. These service plans focus on reduction of distress, improving social skills, independent living skills, vocational skills, and community skills. The program uses individual counseling and group skills training activities to assist clients in developing a community support system.

Entry Criteria

1. Clients are referred and screened for admission following our Screening and Access to Services Policy and Procedure.
2. All admitted clients must be at least 18 years of age, have a primary mental illness, and are medically stable.
3. Admitted clients must be authorized by their county of origin.
4. A primary diagnosis of chemical dependency, chemical intoxication, chemical withdrawal or an eating disorder is an exclusionary admission criteria.

Transition and Discharge Criteria

1. The individual is no longer a danger to self.
2. The individual is no longer a danger to others.
3. The individual is able to provide food, clothing and shelter.
4. The individual is psychiatrically and medically stabilized.

Upon request the written admission and discharge policy is available for clients and family members to review.

We encourage our stakeholders, referral sources, clients, families, supporters, and the general public to access our corporate website to learn more about our scope of services within our Crestwood Family.