



Fallbrook Healing Center





FACT SHEET

Crestwood Behavioral Health, Inc. FALLBROOK HEALING CENTER

The proposed Fallbrook Healing Center will be a secure Mental Health Rehabilitation Center (MHRC) in the former Fallbrook Hospital. It is built on a foundation of Crestwood Behavioral Health's 49 years of providing mental health recovery and wellness services throughout California.

Crestwood will purchase the site (which has been closed since December 2014), secure the facility, improve it for appropriate use, and open the new center in 2018.

Mental health issues such as depression, bi-polar and suicide affect one out of every five families in our country, and this facility will provide much-needed help for many in this and surrounding communities.

We know that there are many questions about the new facility and its relationship with the Fallbrook community. We are committed to becoming a community asset and being responsive to your questions and concerns.

Project Details

The Fallbrook Healing Center will be a Mental Health Rehabilitation Center (MHRC), a secure, locked facility, serving 100 clients. MHRCs provide rehabilitation programs in secure, residential settings with a focus on brief lengths of stay (6 to 12 months).

Screening

Clients will be carefully screened through the following process:

- People with mental health diagnosis start at a crisis stabilization center or Emergency Department and are fully screened at this site.
- If more stabilization is needed the client will transfer to an acute psychiatric hospital (providing a higher level of care), located elsewhere. They are usually screened by a clinical/legal representative and placed on a legal hold.

- At this site they are screened daily by a doctor and treatment team. They are usually continued on a legal hold.
- If the client requires rehabilitation and treatment for an extended period of time (6 months to a year of rehabilitation) the client is screened by a clinical and legal team, including a doctor and a judge and their legal hold is extended.
- They are then referred to the MHRC level of care.
- The county conservator and case manager conduct a full screening at this time (reviewing legal, behavioral and clinical factors). The county conservator is responsible for placement determination.
- The County Behavioral Health Department screens for appropriateness of placement
- The hospital refereeing the client screens the client for appropriateness of care with responsibility and liability for placement
- Crestwood does the final screening which requires a licensed Clinical Director, the Medical Director and Psychiatrist to screen the client before admission.
- Clients are accepted to the program if they meet all admission criteria.
 - No one with a violent felony conviction will be treated at this facility.
 - No one with primary drug or alcohol addiction will be treated at the facility.
 - Only clients' with a psychiatric diagnosis.
 - All clients must have rehabilitation potential.

Rehabilitation and Treatment

Clients will participate in independent life skills training, Evidence-Based Practices, behavior intervention, vocational employment and pre-vocational training, self-advocacy, peer counseling, case management and Crestwood's Wellness Recovery Action Plan (WRAP) program.

Graduation, Discharge and Transition

Clients are graduated, discharged and transitioned back to their community of origin with support from the Fallbrook Healing Center staff, the county staff, their families and the resources in their community of origin.

As with our other Healing Centers, clients at the Fallbrook campus will come from surrounding communities – in this case, from San Diego, Riverside, San Bernardino and Los Angeles counties. They are people who are dealing with a category of behavioral healthcare issues that affect nearly 20% of all families in California. They want to get better and return to productive lives. Facilities such as the Fallbrook Healing Center help them do that.

About Crestwood Behavioral Health

www.crestwoodbehavioralhealth.com

Crestwood Behavioral Health, Inc. is a fully accredited, Sacramento-based healthcare provider, founded in 1968. We are an independent, California-owned and operated company, and are the leading provider of mental health services in California, operating 30 programs across the state.

Crestwood provides a complete range of mental and behavioral health care services, from traditional psychiatric services to innovative recovery programs, geared towards community reintegration. We operate all our programs on the basic premise that mental health issues are treatable.

Our focus is on creating strong relationships with communities. That means we provide services to meet the needs of mental health clients and their families, making significant financial investments in our facilities, hiring trained and professional caregivers, and reinforcing a common set of values that guide our practices and policies. It also means that we work closely with law enforcement and community leaders to address their concerns and learn from their experience.

Crestwood is licensed and regulated by the California Department of Health Care Services, California Department of Public Health, more than 52 county health departments, and other federal and professional agencies. Crestwood is fully accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF).

Community Concerns About Safety and Schools

We often hear from members in local communities about their fears concerning safety, especially as it concerns children and schools. We appreciate these concerns and believe it's important to educate people with the facts.

The most important fact is this: mental health issues such as depression, bi-polar and suicide affect one out of every five families in our country. People seeking help with mental health issues at an MHRC like Fallbrook are not criminals. They need an environment where specialists can help them focus on getting better.

Statistically, MHRCs pose no more risk than a hospital, clinic, or other healthcare facility. Keeping that risk low isn't something that just happens - we work to ensure community safety every day.

Most of Crestwood's programs across the state are within 1/4 mile of a school.

- A program similar to the proposed Fallbrook Healing Center opened in Kingsburg in 2016, adjacent to a grammar school, with the park and church next to our campus.

- Our San Diego campus, opened 3 years ago, is adjacent to two schools and a large sports field.
- Our Bakersfield campus (open for 20 years) backs up to a large local sports field and park.
- Our Sacramento/American River campus (operating for more than 30 years) is adjacent to a new multimillion-dollar senior living campus and across the street from an elementary school.

All operate safely and in close coordination with local law enforcement and community leaders.

Consider these points:

- **Experience and track record.** Crestwood has more than 49 years of experience providing care for people in all walks of life dealing with mental health issues. We start with the premise that mental health issues are treatable and know that people in facilities, such as the proposed Fallbrook Healing Center, want to deal with their issues and return to productive roles in society.
- **Working with law enforcement.** Long before any campus is planned, we reach out to local police, sheriffs, and other first responders to hear their concerns, allow them to become familiar with our programs and procedures, and work closely with them to address community concerns.
- **Locked, secure facility.** The Fallbrook Healing Center will have numerous physical and operational safety precautions. These include a secure perimeter, security cameras, a single checkpoint for entry and departure, regular client screening and oversight, and highly-trained personnel.
- **Intake and admission criteria.** Crestwood (including doctor, psychiatrist, and clinician) and the referring county with the above process, will carefully screen people prior to admission or treatment. The facility will not admit anyone requiring drug or alcohol treatment. No violent criminals will be admitted.

Why the Healing Center Will Be a Plus for Fallbrook

The Fallbrook Healing Center represents an important economic investment and an investment in the community's health and well-being.

Crestwood plans to invest more than \$2 million to transform an abandoned hospital building into a much-needed treatment center.

In the short term, construction-related activities will benefit the community. **More importantly, the Fallbrook Healing Center will create more than 107 permanent jobs for residents of Fallbrook and surrounding communities, as well as the benefits it will provide to vendors and suppliers nearby.** The facility will also serve as the hub of a network of healing for community mental health, involving non-profit organizations, churches, and other local groups working on improving the area's health.

How You Can Learn More

Go to our website (www.crestwoodbehavioralhealth.com) for more about Crestwood, our programs and other information about how mental health issues are treated. You can also contact the project's manager: Patty Blum at pblum@cbhi.net.

QUESTIONS AND ANSWERS

1. ***Why locate a mental health facility in Fallbrook?***

It is much needed resource for Southern California communities. It will also put to use a hospital building that has been vacant for more than two years and will fall into disrepair (vacant buildings frequently attract homeless people). The facility was designed to be a healthcare center. Crestwood will renovate it, and create more than 107 new jobs, making it a positive contributor to the community.

2. ***How do I know it will be safe?***

Entrances will be locked and cameras will monitor the exterior. Clients will be supervised at all times by trained personnel. Crestwood, which has been operating for nearly 50 years, has an excellent safety and service record throughout the state. There are numerous positive testimonials about our Kingsburg Healing Center, the most recent MHRC opened by Crestwood, from that area's local businesses, police, fire and safety officers and faith communities.

3. ***Fallbrook is a very special community. Won't this affect property values in a negative way?***

No. It should increase the value of the neighborhood because the old hospital building, which will fall into disrepair, will be renovated and the maintained as a benefit to the community. A new, renovated building should help property values. The project will create 107 new jobs with competitive salaries. The closing of the Fallbrook Hospital represented the loss of a major employer and makes this investment more important than ever.

4. ***What kind of experience does Crestwood have with facilities of this type in other communities?***

Our facilities in Carmichael, Eureka, San Jose, Sunnyvale and elsewhere are in stable neighborhoods with schools and other community facilities nearby. These facilities have been operating safely for more than 25 years, and in some cases for nearly 40 years.

5. ***What about the children in Fallbrook? Won't they be at risk?***

We are confident the answer is no. We base this on our safety record, our plans to lock and secure the facility, and to ensure that it is always staffed by trained personnel supervised and licensed by California and other regulators as well as accredited by CARF. We make it a point to reach out to local schools and law enforcement to understand their concerns and develop effective protocols to ensure the safety of surrounding communities.

6. ***What kind of people will be treated there?***

People with mental health issues such as depression, bipolar disease, schizoaffective and similar challenges that affect one out of every five families.

7. ***Will the facility treat people with violent criminal records, alcoholics or drug addicts?***

No.

8. ***Some people are concerned that patients will stay in the community once they are discharged. Is that true?***

No. Patients who have been successfully treated and discharged from mental health facilities want nothing more than to return to their communities of origin, to reunite with their families and support systems, and get back to productive lives. Their discharge plans are designed to return them to their home communities, so they will not be staying in the Fallbrook community after their treatment is complete.

9. ***Have you talked to local police and emergency responders about the facility?***

We have a continuing dialogue with Sheriff's personnel responsible for Fallbrook and are in the process of answering questions and reaching out to other first responders and school leadership. We will ensure that all response protocols are carefully coordinated with them.

10. ***What kind of plans do you have if someone gets out of the campus?***

Because this will be a secure, locked campus, with trained personnel, the likelihood is very low, but Crestwood has developed effective contingency protocols that put community safety first. These entail filing detailed plans ahead of time, working closely with police and first responders, and appropriate community notification.

11. ***Do you have plans for adequate parking and traffic management?***

Yes. According to the city, the facility has more than enough parking. We do not anticipate significant additional traffic.

12. ***How can I get more information?***

Visit www.crestwoodbehavioralhealth.com or contact the project manager, Patty Blum, at pblum@cbhi.net.

**Community Testimonials from
Crestwood's Most Recently Opened
Campus:
Kingsburg Healing Center**



Family Testimonials



Kingsburg Healing Center (KHC) is making a difference in the lives of families.

“I am so grateful my daughter is in your program. I know she is in wonderful hands and will get the help that she needs to get better.”

-Mother of a Client

“I am happy my brother was accepted to Crestwood Kingsburg. I know the programs you offer are amazing and your Staff really cares for my brother and his success within the program. I am proud of the progress my brother is already showing.”

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-Parents of a Client

“This program has been perfect for my son. He is really doing well, in fact I think this is the best he has ever done. We need more programs like this.”

-Father of a Client

Successful Community Outcomes

Kingsburg Police Department



“Crestwood has been a great partner and a pleasure to work with. The director, Brian Conway, has been a pleasure to work with and we have collaborated on some local training for my officers which we all found to be beneficial. The few calls for service we have had were easily resolved. In short, I believe that Crestwood is providing a valued service to Fresno County residents who would not otherwise receive inpatient mental health care services in Fresno County. This benefits the families and the patient, being local, and most likely these patients would be placed out of county, if they were fortunate enough to even get a bed space.”

Crestwood is a valued partner with the Kingsburg Police, the city government, and the greater community.”

-Chief Neil Dadian
Kingsburg Police Department

Successful Community Outcomes

Fire Department Log-February 2016 to May 2016



Non-Emergency Calls: 4

False Alarm Calls: 5

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issue for us at all.”*

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Fire Chief
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Kingsburg Healing Center

“I use to live across the street when it was the Kingsburg Hospital. I am excited that the hospital has been remodeled to look amazing, and is being used for a wonderful program. Kingsburg should be grateful you are here in our community.”

-Mrs. Green, Kingsburg Citizen



KHC is Active in the Community



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- The Kingsburg All-Star Tournament
- NAMI Walks Fresno

“On behalf of the Kingsburg Youth Baseball Association, we would like to thank Crestwood Kingsburg for their donation to our league. Your generosity helps support our program through the baseball season. Our baseball program just doesn’t teach the fundamentals of baseball, we also want to teach youth boys respect for others and that good sportsmanship is the key to any sport and life in general.”

-Jason Garcia, Vice President of Baseball Operations

Community Comments from Kingsburg Healing Center's Open House



More than 200 people attended KHC's Open House on January 27, 2016.

“Thank you so much for letting us tour the facility. Crestwood has done an amazing job transforming the old Hospital. My husband and I are excited to leave here and tell all our friends what the facility looks like and what we learned from the tour.”

-Kingsburg Citizen- Mrs. Johnson

“Your staff was so nice and gave us a lot of great information about the facility during our tour. Thank you for giving the community a chance to see for ourselves all the hard work that has gone into the building and understanding what your company stands for.

*-
Kingsburg Citizen- Mr. Lopez*



CRESTWOOD BEHAVIORAL HEALTH, INC. FALLBROOK HEALING CENTER

Bringing Jobs to Fallbrook -107 New Full-Time Positions!

**Crestwood Fallbrook Healing Center will be
recruiting for the following positions:**

- **Administrator**
- **Administrative Assistants – Full-Time Positions**
- **Director of Nursing – RN**
- **Licensed Nurses – RNs, LVNs, LPTs – Full-Time Positions**
- **Program Director – MA or Licensed Clinician**
- **Case Managers/Service Coordinators – Full-Time Positions**
- **Rehabilitation Assistants - Full-Time Positions**
- **Recreation Director**
- **Educator**
- **Employment Specialist**
- **Medical Records**
- **Housekeeping Supervisor**
- **Housekeepers – Full-Time Positions**
- **Maintenance Supervisor—(Already filled with a Fallbrook resident)**
- **Maintenance Assistant – Full-Time Positions**
- **Culinary Dietary Supervisor**
- **Cooks- Full-Time Positions**
- **Dietary Assistants – Full-Time Positions**

welcome.

FALLBROOK HEALING CENTER



*MENTAL HEALTH
REHABILITATION CENTER*



Tonight's Discussion



-
- ❖ Acute Psychiatric Hospital vs. a Mental Health Rehabilitation Center
 - ❖ Which Counties will Utilize Fallbrook Healing Center
 - ❖ Screening of Admissions
 - ❖ Supervision and Process for Discharge of Clients Back to their Community of Origin
 - ❖ Supervision of Outings
 - ❖ Testimonials from Other Communities

Acute Psychiatric Hospital (PHF)

vs.

a Mental Health Rehabilitation Center



PHF	MHRC
Admitted from the street	Admitted by a psychiatrist upon admission
No medical screening	Fully screened by acute hospital
No Psych screening	Fully screened by psych
No legal or historical analysis	Fully vetted – historical review of all legal action and court adjudicated
Not stabilized	Health is stabilized
Behaviors not manageable in the community	Behaviors are stabilized
Requires immediate medical attention	Fully evaluated and medically stable

Acute Psychiatric Hospital (PHF)

vs.

a Mental Health Rehabilitation Center



PHF	MHRC
Required daily visual assessment from Psych/MD	MD/Psychiatrist visits weekly
Intensive levels of services	Moderate level of programming
Brief length of stay	6 to 12 months
Clients exit to the street	Clients are discharged to their communities in their counties of origin
No follow up	90-day follow up with the clients
Unsupervised	Fully supervised and coordinated discharge

Which Counties will Utilize the Fallbrook Healing Center



-
- ❖ San Diego, Riverside, San Bernardino and Los Angeles counties.

Screening of Admissions



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- ❖ If more stabilization is needed the client will transfer to an acute psychiatric hospital (providing a higher level of care), located elsewhere. They are usually screened by a clinical/legal representative and placed on a legal hold.
- ❖ At this site they are screened daily by a doctor and treatment team. They are usually continued on a legal hold.

Screening of Admissions



- ❖ If the client requires rehabilitation and treatment for an extended period of time (6 months to a year of rehabilitation) the client is screened by a clinical and legal team, including a doctor and a judge and their legal hold is extended.
- ❖ They are then referred to the MHRC level of care.
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Supervision and Process for Discharge of Clients Back to their Community of Origin



- ❖ Clients are graduated, discharged and transitioned back to their **community of origin** with support from the Fallbrook Healing Center staff, the county staff, their families and the resources in their community of origin.
- ❖ As with our other Healing Centers, clients at the Fallbrook campus will come from surrounding communities – in this case, from San Diego, Riverside, San Bernardino and Los Angeles counties. They are people who are dealing with a category of behavioral healthcare issues that affect nearly 20% of all families in California. They want to get better and return to productive lives. Facilities such as the Fallbrook Healing Center help them do that.

Supervision of Outings



Methodology of Community Outings within the Recreation Program:

- ❖ **Clients are encouraged to go on outings as a way to learn skills to integrate back to their own communities.**
- ❖ **Assessment of the clients' needs strengths, interests, life experiences, abilities and challenges are completed prior to any opportunity for a community outing.**
- ❖ **Community outings take into account the physical, social, cultural, recreational, health maintenance and rehabilitation needs of the client.**

Supervision of Outings



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- ❖ **Community outings are supervised with the following stipulations:**
 - **No one is on an outing or family visits during the assessment phase of treatment – which is a minimum of 2 weeks.**
 - **People are allowed to go on outings with staff after they have completed the first phase of treatment.**
 - **Clients are supervised at all times.**
 - **Staff is always included in assessing clients for the ability to join in community outings.**
 - **Community outings and family visits are with a Doctor's approval and physician order.**

Supervision of Outings



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- ❖ **The scope of therapeutic outings shall include, but not limited to, the following:**
 - **Stimulating intellectual growth and development.**
 - **Developing social interaction and communication skills.**
 - **Encouraging creative expression of feelings, thoughts, and experiences.**
 - **Stimulating physical exercise and fitness.**
 - **Encouraging community interaction through participation in outside events with supervision.**

**Community Testimonials from
Crestwood's Most Recently Opened
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Family Testimonials



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welcome.

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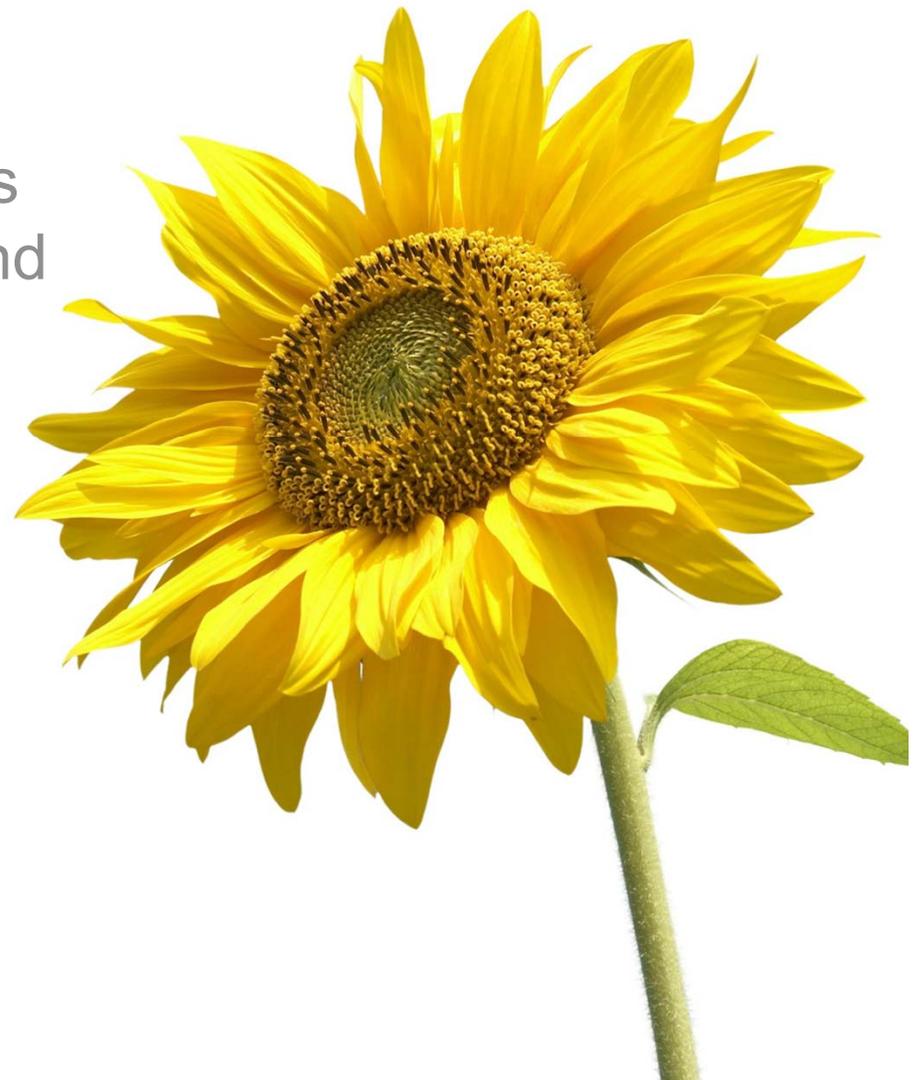
Tonight's Discussion



- ❖ Introductions
- ❖ About the proposed Healing Center
- ❖ Background and context
- ❖ Crestwood Behavioral Health:
 - Who we are
- ❖ How the facility will serve clients

vision

Our vision at Crestwood Behavioral Health Inc. is to create a continuum of services that empower clients to live and succeed in their community.



mission

Our mission at Crestwood is to create a partnership with clients, employees, families, counties and communities in caring for individuals of all ages affected by mental health issues.

Together we invest our energy to enhance the quality of life, social integration, community support and empowerment of mental health clients.

Crestwood promotes wellness and recovery by providing quality and cost-effective programs in a socially responsible manner and works with families and communities to reduce the stigma associated with mental illness.



Crestwood Values

Crestwood values - family, compassion, commitment, enthusiasm, flexibility, collaboration and character - drive our work everyday.

Our staff members embody these values and they serve as the foundation of the programs and services we provide.



Background: Mental Health in our Community



- ❖ Mental health issues such as depression and suicide affect **1** out of every **4** families in our country.
- ❖ Fallbrook Healing Center will provide much-needed help for many in this and surrounding communities, while spurring economic activity in Fallbrook.

Crestwood Behavioral Health Inc. Independent and Locally-Owned



- ❖ Crestwood Behavioral Health is a fully-accredited, Sacramento-based healthcare provider, founded in 1968.
- ❖ We are an independent, California-owned and operated company, and are the leading provider of mental health services in California, operating 31 programs across the state.
- ❖ Crestwood provides recovery-oriented mental health services designed to meet the needs of adults, older adults and transition-age youth with mental health issues with more than 1,800 licensed beds, in more than 16 California facilities ranging in size from 12 to 194 beds.
- ❖ Crestwood employs 2,500 employees in California.

Benefits to the Community



- ❖ Crestwood plans to invest more than \$2 million to transform the abandoned Fallbrook Hospital building into a much-needed treatment center.
- ❖ Construction-related activities will provide an immediate economic boost to the community.
- ❖ The Fallbrook Healing Center will create more than **108** permanent jobs for residents of Fallbrook and surrounding communities, as well as benefits to local vendors and suppliers.
- ❖ Crestwood will offer a community room at our Fallbrook Healing Center campus that will support NAMI and other community organizations.

Fallbrook Healing Center



- ❖ This program will enable clients to cope with their symptoms in the daily challenges of life.
- ❖ The focus is to help clients build strengths, self-reliance, and independence with training and support.
- ❖ The program utilizes healing arts, life skills, and pre-vocational training as guides and opportunities for greater self-confidence and meaningful accomplishments.

What Makes Fallbrook Healing Center Different?

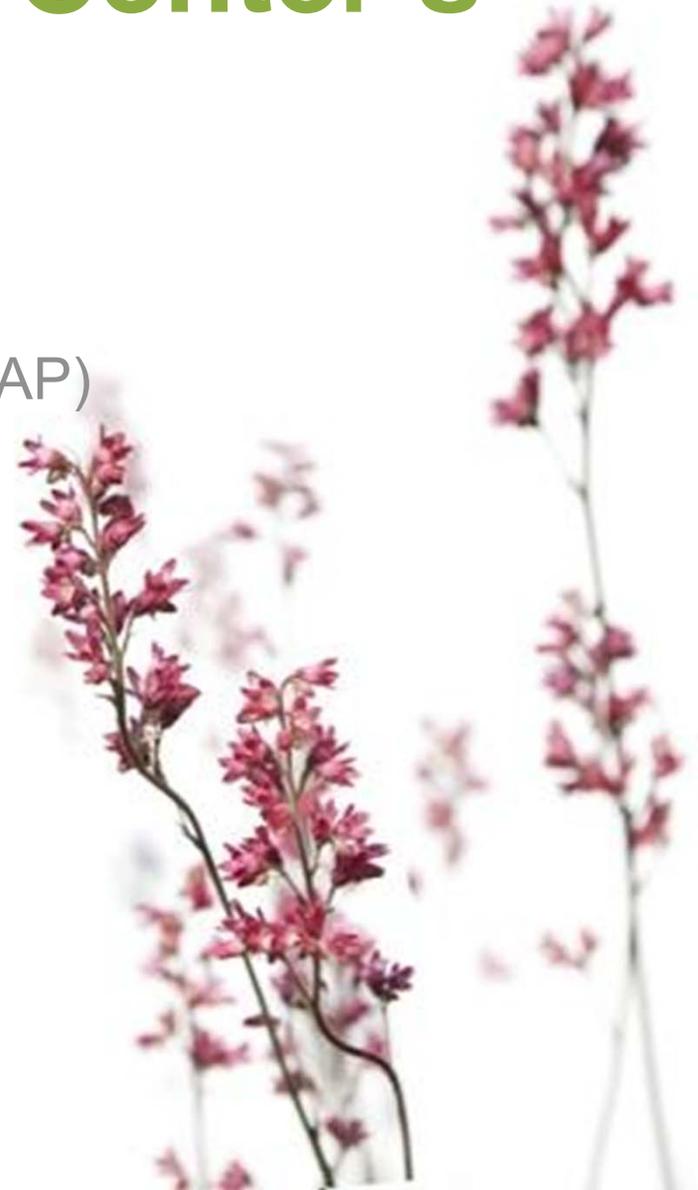


We offer a unique service model – an alternative to traditional mental health!

- **Recovery Pillars**- Hope, Empowerment, Meaningful Roles, Spirituality.
- **Client Culture** – Peer Providers and recruiting people with lived experience.
- **Learning Culture** – intensive training for all our initiatives.
- **Sustainability** – more than 49 years of providing services.

Fallbrook Healing Center's Initiatives

- Wellness-Mind, Body and Spirit
- Wellness Recovery Action Plan (WRAP)
- Compassionate Care
- Dialectical Behavior Therapy (DBT)
- Trauma-Informed Approaches
- Meaningful Roles
- Spirituality
- Homelike Environment
- Peer Leaders
- Technology



Fallbrook Healing Center



- ❖ Licensed by the California Department of Health Care Services.
- ❖ Accredited by Commission on Accreditation of Rehabilitation Facilities (CARF).
- ❖ The Fallbrook Healing Center will provide a recovery-based psychosocial rehabilitation program.

Our Fallbrook Healing Center Environment



- ❖ At Fallbrook Healing Center we will create homelike therapeutic environments with serenity rooms, libraries, living rooms, comfort rooms and dining rooms.
- ❖ **We received recognition from SAMHSA on the effectiveness of our environments in fostering mental health recovery.**

Our Crestwood Environment



Our Crestwood Environment



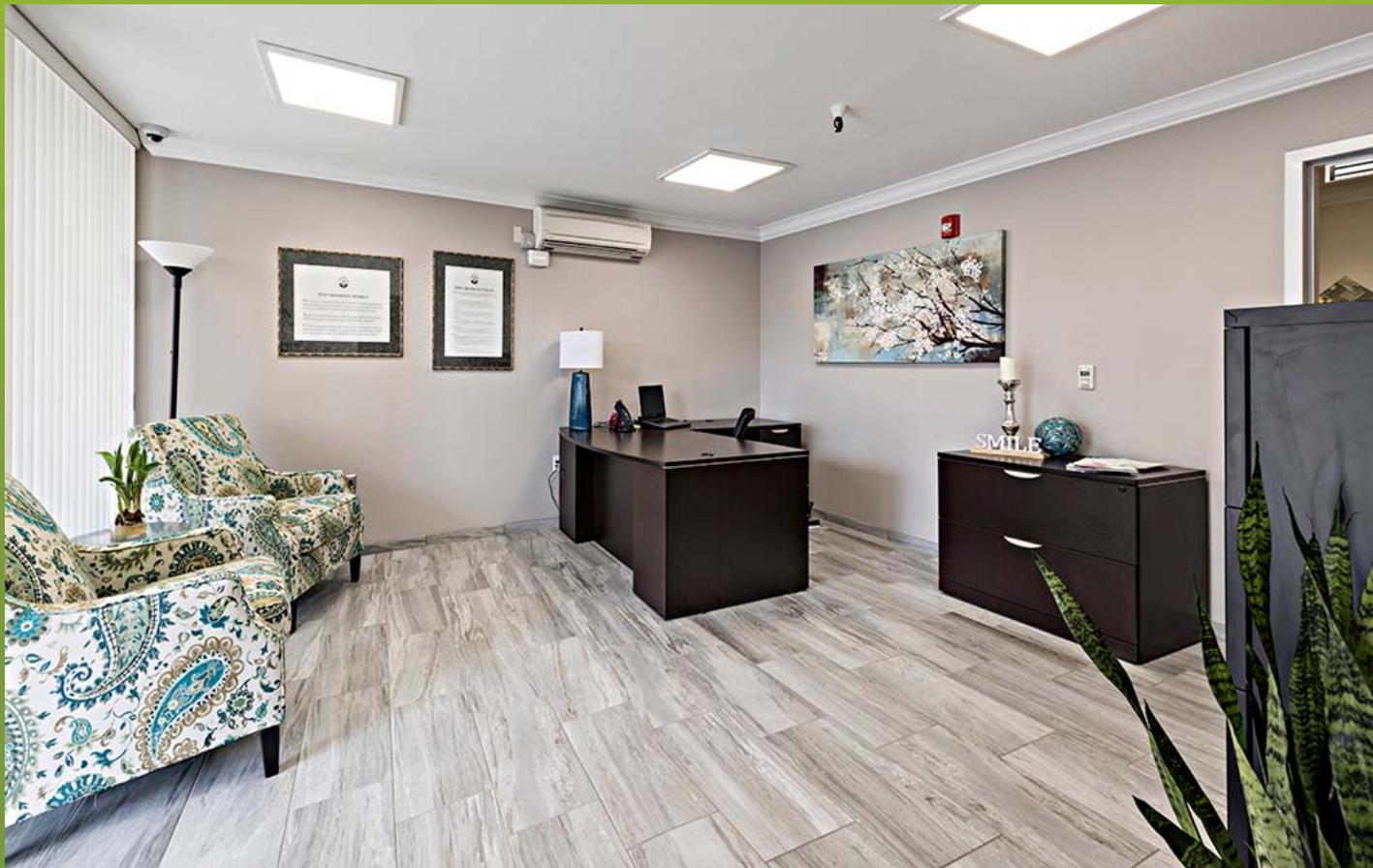
Our Crestwood Environment



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Our Crestwood Environment



Our Crestwood Environment



Staff at other Crestwood Healing Centers



Crestwood Healing Centers employ:

- ❖ 95% people from host County including the city or town
- ❖ 5% people from surrounding counties
- ❖ Employing people from entry-level to advanced degrees

Crestwood is Active in the Community



Crestwood Sponsors:

- ❖ Youth Baseball Associations
- ❖ Adult Baseball Teams
- ❖ The Kingsburg All-Star Tournament
- ❖ Golf Tournaments
- ❖ NAMI Walks
- ❖ **Fundraisers throughout California**

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-Brother of a Client

“I want you to know that I think the Kingsburg Healing Center is such a loving and warm place. It is a wonderful place for my daughter. She is doing so much better now that she is here.”

-Mother of a Client

Family Testimonials from Kingsburg Healing Center



KHC is making a difference in the lives of families.

“I wish this place had been here sooner, it would have been nice to have our son here sooner. Now that he is back in Fresno County we can see him anytime we want and we know it will help him get better.”

-Parents of a Client

“This program has been perfect for my son. He is really doing well, in fact I think this is the best he has ever done. We need more programs like this.”

-Father of a Client

From Kingsburg Healing Center

“I use to live across the street when it was the Kingsburg Hospital. I am excited that the hospital has been remodeled to look amazing, and is being used for a wonderful program. Kingsburg should be grateful you are here in our community.”

-Mrs. Green, Kingsburg Citizen



Thank you!

