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CRESTWOOD BEHAVIORAL HEALTH TO PARTNER WITH RESILIENCE, INC.
PROVIDING MAJOR ADVANCES IN PEER TRAINING AND COUNSELING

(SACRAMENTO, CA – July 1, 2019) - Crestwood Behavioral Health, Inc., one of California's leading providers of mental health services, today acquired the assets of Resilience, Inc., a pioneer in the fast-growing field of peer-provided training and support, a move the company says will continue to expand its capabilities in next-generation approaches to mental health treatment and healing.

Peer support is an evidence-based model that relies on peer providers' own struggles with mental health issues or substance abuse to inform care and build trusting relationships that are sometimes not possible in traditional therapeutic environments. Peer support builds on the belief that recovery is possible for everyone but also stresses future-focused personal wellness and resilience.

Currently, 42 states offer peer specialist training and certification.

Resilience, Inc. was founded in 2015 by Eugene Johnson and Lori Ashcraft. Over a 45-year career, Mr. Johnson created 53 programs in 23 communities in the U.S. and two foreign countries in the areas of mental health, substance abuse, and homeless services. Dr. Ashcraft served as Mental Health Director for Sacramento County and the Deputy Director for Community Programs of the California Department of Mental Health. For the past 20 years, the peer support training curriculum developed by Dr. Ashcraft, now in its third revision, has been used to train over 5,000 peer providers throughout the U.S. and abroad.

"This partnership is a tremendous step forward in advancing the implementation of peer-supported services, not just in California, but across the country and internationally," said Johnson. "We have known and respected the Crestwood team for years, and this could not have come at a better time in our own organization's growth," he said.

"Crestwood seeks to lead the mental health community by example," said George Lytal, the company's CEO. "At Crestwood, we have always believed that recovery helps a person make the most of their life and achieve a sense of balance and fulfillment. Gene and Lori's work will help Crestwood broaden its approach and effectiveness, and I'm pleased that they will remain active members of the Crestwood family,"

About Crestwood Behavioral Health

Headquartered in Sacramento, California, Crestwood Behavioral Health was founded in 1968 by James M. Dobbins, Sr. as Crestwood Hospitals Inc., a convalescent care provider. Over the years, Crestwood has evolved to become one of the state's leading mental health care providers dedicated to offering a continuum of services that empower clients to live and succeed in their communities. Our focus is on creating strong relationships with counties in which we both have a financial commitment, providing the services which are tailored to meet our clients' specific needs, and reinforcing a common set of values that guide our practices and policies.

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