

“Terms of Enpeerment” – Facilitator Guide (Approximately a 2-hour class)

Timing	Topic	Activity	Page and PPT #
10 min.	Welcome to <i>Terms of Enpeerment</i>	Introduce self and have participants introduce each other.	Wkbk 1 / PPT 1
1-2 min.	Learning Objectives	Have a volunteer read aloud the learning objectives.	Wkbk 2 / PPT 2
3-5 min.	Prologue:	Read aloud the prologue. Note that peer support is the “salt of recovery” services for the organization and system.	Wkbk 2 / PPT 2
3-5 min.	Starting the Term with a Little Terminology	Read aloud the term definitions and encourage participants to fill in the blanks for <i>terms of enpeerment</i> from the PPT slide.	Wkbk 3 / PPT 3
5 min.	The Learning Laboratory of ITE	<p>Have a volunteer read aloud the paragraph. Ask volunteers to provide an approximate number of years they have been in recovery from mental/illness and/or addiction. They can also include the number of years supporting a family member with the above challenges.</p> <p>Total the number of years provided and let the class know that this total is the number of ITE years of experience.</p>	Wkbk 3 / PPT 4
15 min.	What strengths (valued recovery and wellness services) do peer support providers bring to an integrated behavioral health team?	<p>Divide participants into teams of 3-4 each. Have them work together to identify answers to the question. Click on the PPT slide to start the timer.</p> <p>After 10 minutes, have various teams share their findings. Affirm answers.</p>	Wkbk 3 / PPT 5
5 min	Six Myths Professionals May Sometimes Hold about Peer Support Specialists	<p>Acknowledge that even though there are clear strengths and values that PSS’s bring to the team, sometimes our professional colleagues may have doubts about that value based on wrong information or myths.</p> <p>Click through the PPT as participants fill in the blanks.</p>	Wkbk 4 / PPT 6

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10 min.	What Can We Individually Do to Become a Valuable Member of the Team?	Give participants a few minutes to reflect and write their answers to the question. Afterwards, ask for volunteers to share their answers. Affirm their answers.	Wkbk 4 / PPT 7
5 min.	Ten “B”dazzling Ways to Help Professional Staff Understand and Embrace Peer Support Specialists on the Team	Click through PPT slide as participants fill in the 10 ways.	Wkbk 4 / PPT 8-9
10 min.	12 Principles of Servant Leadership for Peer Support Providers	Click through the PPT slide as participants take notes. Facilitate discussion.	Wkbk 5 / PPT 10-11
11 min	Five Skills Needed in the 21 st Century Workplace	Say, “In addition to the principles of servant leadership, there are five basic skills needed in today’s workforce. Play video.	PPT 12
3-5 min.	Five Skills Needed in the 21 st Century Workplace	Click through the PPT slide as participants fill in the blanks.	Wkbk 5 / PPT 13
15 min.	Some actions I can take to do more of (and/or less of) to fully engage the “ <i>terms of enpeerment</i> ” in my organization and community are:	Have participants individually write a personal action plan. Afterwards, have a few volunteers share their commitments.	Wkbk 5 / PPT 14
2 min.	Summary: In One Word.. Engage	Play video.	Wkbk 6 / PPT 15
2 min	Thanks	Have each volunteer share something meaningful from the workshop.	PPT 16