



Terms of Enpeerment



*Ten Be...dazzling Ways to Help Professional Staff
Understand and Embrace Peer Support Specialists on the Team*

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Learning Objectives:

- Define Terms of *Enpeerment*.
- Identify the value of our ITE (I'M The Evidence) credential to recovery services and an integrated professional behavioral health team
- Identify six myths professionals sometimes hold about PSS's working on the team.
- List 10 *Be... dazzling* ways to help our professional colleagues understand and embrace PSS's on the team.
- Identify 12 principles of servant leadership PSS's can employ.
- List 5 adaptable skills needed for work in the 21st Century.
- Develop a personal and/or team engagement plan for your terms of *Enpeerment*.

Prologue: When it comes to salt, did you know the following?

- The human body cannot exist without salt.
- Salt is a strong natural antihistamine
- Salt is a healing agent within our bodies for wounds.
- Salt (in conjunction with water) is essential for the regulation of blood pressure.
- Salt is absolutely vital for making the structure of our bones firm.
- If every particle of salt was removed from our bodies, we would only live for about 48 hours.



Salt is valuable. Salt brings out the flavor. Salt stimulates thirst and appetite. Salt is a preservative. Salt is an agent for healing wounds. Salt is about strength and an agent for healing wounds. And peer support is the salt of recovery services. Salt is valuable for what it is and can do. In this workshop, we'll uncover and discover some ways to help our professional colleagues see the value of not passing on the "salt" of what we have to offer as peer support specialists. So at the risk of mixing metaphors...let's shake this out a little further.

Starting the Term with a Little Terminology

Terms of Endearment: Conditions related to caring feelings, respect, and deep value felt by someone for someone else



Terms of “*Enpeerment*.” Conditions related to the caring feelings, respect and deep value felt by _____ professionals for _____
_____ providers

The Learning Laboratory of ITE

Welcome to the learning laboratory of ITE also known as “*I’m The Evidence that recovery is real.*” As prestigious alumni of this You-niversity, we earned our credentials not only from having been there but also from having gotten here against all odds. If anyone knows the value of what we bring to recovery services and to our integrated team of colleagues, it is us. So let’s start with some expertise earned from our hard school of knocks. As you work with your assigned team, please identify what peer support providers can do to become and be seen as valued members on an integrated team. Please follow your facilitator’s instructions to complete the following team-based discovery exercise.



What strengths (valued recovery and wellness services) do peer support providers bring to an integrated behavioral health team?

Six Myths Professionals May Sometimes Hold about Peer Support Specialists

- 1. _____
- 2. _____
- 3. _____
- 4. _____
- 5. _____
- 6. _____

Within five years, peer support specialists will constitute 30 % of the behavioral health workforce.” ~ Ron Manderscheid, Exec. Dir. of NACBHDD

What Can We Individually Do to Become a Valuable Member of the Team?

Ten Be...dazing Ways to Help Professional Staff Understand and Embrace Peer Support Specialists on the Team

- 1. _____
- 2. _____
- 3. _____
- 4. _____
- 5. _____
- 6. _____
- 7. _____
- 8. _____
- 9. _____
- 10. _____

Twelve Principles of Servant Leadership for Peer Support Specialists 1

- 1. Listening: _____
- 2. Empathy: _____
- 3. Healing: _____
- 4. Awareness: _____
- 5. Persuasion: _____
- 6. Conceptualization: _____
- 7. Foresight: _____
- 8. Stewardship: _____
- 9. Growth: _____
- 10. Building Community: _____
- 11. Calling: _____
- 12. Nurturing the Spirit – (Joy) _____

Five Skills Needed in the 21st Century Workplace for Success



- 1. _____
- 2. _____
- 3. _____
- 4. _____
- 5. _____

The summary, in one word: _____

Bibliography

1. 12 Principles of Servant Leadership: Larry Spears, CEO of the Greenleaf Center for Servant Leadership; retrieved from <http://library.nsuok.edu/admin/minutes/servantleadership.pdf> on Aug. 18, 2016
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